

# AUGUST 2020 NEWSLETTER

## **WELCOME**

Hi to all WARHA members,

Well Winter is over and we are in to Spring and it won't be long until the Christmas decorations are out in the stores and all of the Reining community will be hoping for a new horse or horse gear under the Christmas Tree.

A few things going on in
September, the WARHA
Committee have a rather unique
show happening, I will leave it up
Kate to outline what is in store
but it will be a fun weekend.
Collie Western Club are also

holding a beginner's show in September.



As you all may have seen in various emails and on social media, there has been an eligibility's list sent by the Oceania Council for NRHA sanctioned classes. I just want to let all of WARHA members know that this will not hinder or disadvantage any of our members in any way, shape or form regardless of what you have heard or been told. If any member has any questions please drop me an email or a FB PM and I will be happy to discuss the whole process.

The other item that is up for discussion on the OC front is the question around qualifying for the OC Continental Championships in 2021. My opinion is that I don't believe there should be qualifying required for any competitor in WA or any far flung Reiner in any part of our great Country. Certainly, I do think there should be a minimum score attained in a given time. If any member has any thoughts on this please email me at <a href="mailto:ok2bareiner@yahoo.com.au">ok2bareiner@yahoo.com.au</a> and I will be happy to pass on any comments at the next OC Council meeting.

That's all from me for now, so to all of the valuable WARHA members, stay safe and enjoy our great sport. I look forward to seeing you all at the show in September.

Slide Long and Spin Fast

**WARHA President** 

Glenn Winsor

# Club Day - 22/8/20

August Club day at Karinya Equestrian Park was a quiet morning, 6 horses made use of the lovely big undercover arena. Kevin brought along his young colt for his first outing, Jacinta brought along her daughter Naomi with her 3 year old Appaloosa who settled in well and looked cool as a cucumber by the end of the session.

Jess had her young buckskin filly out and about too, perfect day for all the young horses as it wasn't too busy for their first time in the indoor.

Kev gave a couple of us some tips on stops, also helped Jess with her filly, hopped on and had her cantering around.



Club days are a great relaxed atmosphere to come have a go, see what reining is all about, ask some questions, get some tips and chat with some likeminded people. New members are always welcome, don't forget we have day membership for \$10. Bring your horse down to our next club day which is- October 10<sup>th</sup>!



## Mini Clinic & Jackpot Show -

On the 1<sup>st</sup> of April we had our first Mini Clinic & Jackpot Show since Covid-19 restrictions have eased over here in WA! Unfortunately we can't get big name Judges/Clinicians over from the Eastern States for the time being, so we are making the most of training days & Mini Shows using the talented people that we have here in WA! For the Mini Clinic, Western Australian Reining Horse Association Committee members Glenn Winsor, Kevin Harrison and Justin Sprigg shared their knowledge on different manoeuvres and training tips.

The morning started off with 12 horses saddled and ready to rock n roll. After a quick meeting in the arena and a warm up getting the horses relaxed, re directing and getting them focused on us (the rider), we then moved off into 3 groups.

Justin had us on work on straightness, lightening our cues and responsiveness in the backup and we also each had a turn at run downs. Some started the run downs at a trot but if your horse is anything like mine, ending up at what feels like lightning speed! Yeeha, trying not to pull the emergency brake is the hardest part and just trust they will stop at the fence at the end! Justin told us things to work on for when that happens, getting them to not want to bolt to the other end because it is just going to mean more hard work when you get there!

Glenn had us working on the basics of neck reining, how to teach your horse to want to stay on the circle. He showed us how to teach a spin with the slightest movement! Glenn demonstrated on his lovely horse CC who he has done a great job with and she is the perfect end result in his teaching!

Glenn mentioned the quote by Jim Willoughby – "To rein a horse is not only to guide him, but also to control his every movement. The best reined horse should be willingly guided or controlled with little or no apparent resistance and dictated to completely." This makes complete sense.

Kevin had members working on spins and increasing the speed in the turn, asking the horse to work on a small circle then ask the horse to take a few steps in a turn around to the inside and then heading back out









on the circle. There is no right or wrong way to train your horse, it's finding the best way your horse understands thing. The mouth-watering smell drifting across the grounds, was the BBQ lunch being cooked by Dennis and Gill! Thanks, Chefs, for looking after us all! We had Xpresso Mobile Café arrive in time for lunch, coffees were a great idea after a morning of riding! Lots of chatting to catch up on after the Covid restrictions. We also indulged in some delicious cake for Liz Galliott's Birthday!

After lunch we had a Jackpot Show with 11 riders!
WARHA Committee member Gary Woolaway was our
Judge for the afternoon and by his side Julia
Humphries helping with scribe duties! First up we had
the 'walk trot class', great to see keen new riders out

giving it a go, well done Krystal for your first pattern! Makady & Zoe the two youth riders for the day! Very cute little riders both rode fantastic! Next generation Reiners in the making.

Well done to Jacinta Simmons taking out first place in the "Intro Class", Barbara Kelly Placing 1<sup>st</sup> in the 'Open Class', Bryony Sales placing 1<sup>st</sup> in the Open Para Reiner! Gary gave us all some pointers to watch out for whilst in a pattern, hitting the centre, keeping off the wall, breaking of gait. Things to work on for next time.

All in all, it was a successful and encouraging day! Many thanks to everyone who organised the day, helped out & helped pack up at the end of the day! Also a huge thankyou to everyone who attended with their horses and to the spectators. Very uplifting to see so many people cheering us on!

We look forward to having more of these training days, I think we get a lot out of them!











## Club Library -

Don't forget about our club library DVD hire.

We have a good collection of training DVD's we hire out for a small donation to the club. A few different trainers are to choose from with some great advice to take on board.

DVD's available now are:

Ken Faulkner Mastery Set

Sandi Simons- Creating Confidence & Liberty for Ladies.

NRHA - Manoeuvre Standards - 2010/11

Andrea Fappani – The Art of Fine Tuning, Series 3

## July Birthdays!!

Happy Birthday to you, Happy Birthday to you,
Happy Birthday to Bec, Jan & Gill
Rebecca Lockyer 9<sup>th</sup> September
Jan Southcott 9<sup>th</sup> September
Jacinta Simmons 21<sup>st</sup> September
Gill Humphries 25<sup>th</sup> September





# Members Spotlight

#### Jacinta Simmons



#### Horse and horse info -

Diesel is a 3 year old Palomino Quarter horse gelding that I purchased from Queensland when he was just 3 months old. I found Diesel advertised on the internet and just knew he was going to be mine! I bought him sight unseen, then as a weanling he went on a truck and went on his big adventure to his new home here with me. Although Diesel was a cutting bred horse, I have decided to pursue reining with him and cannot wait to see where it will take us!

#### Rider history/info –

I started riding when I was about 4 years old. I grew up on a farm in Bridgetown, so I was always out riding — whether that be on a horse or a donkey! Once I moved to Perth, I bought a 5 month old Holsteiner Warmblood foal, which then led me to the Dressage world. I broke in the warmblood mare (Dasher) and trained with Nadine Merrywether, competing at Advanced Level in English Dressage.

#### How I got into Reining -

After purchasing Diesel, I saw some Reining videos on the internet and then came across some local reining events on facebook. I then attended WA Reiners meetings and shows as a spectator, and I was definitely hooked! It all looked like so much fun! All the members are so friendly, welcoming, helpful and encouraging!

#### Classes for you -

Diesel and I have just recently competed in our first Reining show with the WA Reining Association in August. We entered in the Intro Pattern class, and was surprised that we won! We were so happy with the achievement! We look forward to future events as a Reiner, and look forward to seeing where reining will take us!

#### Goals -

To continuously improve our maneuvers and scores in patterns. I would like to learn enough to become a competitive rider in the Reining discipline. Eventually, I would like to compete at Nationals!

**Best Tip** – Be patient, warm up softening the horse and get your horse listening properly before moving on to maneuvers or practicing technique!



# **DIRECTORY** -

If you'd like to advertise your equine services, or pop up an item you're selling in the next newsletter, get in contact with committee member Kate Admiraal or email the club at warhacommittee@outlook.com

#### **HARRISON**

PERFORMANCE HORSE & **RIDING LESSONS** 

CONTACT -

KEVIN 0417 470 748





















Training



# Yangedi Agistment Centre

Located in Hopeland (Serpentine) Caters for Spellers and retirees.

We have separate yards ranging from half acre to 1 acre or 2 large shared paddocks.

Prices from \$50 per week. \$10 handling fee for farrier / vet. Rugging services available.

Ph: 0400 478 025



#### The following is a letter sent to WARHA Members.

Dear WARHA Members,

A note of clarification for all members.

The Oceania council was officially formed to give each affiliate a voice in the discussions being made for, the National Reining Horse Association (NRHA) and Reining in Australia.



Western Australian Reining Horse Association (WARHA) carried out a vote to become a member of the Oceania Council, our representative is Glenn Winsor (WARHA President) with Rebecca Lockyer & Christine Lane assisting. Every club has one voting right per club. The representative's role is to attend the council meetings via online conferencing and return to their club committee to discuss and hold a further vote if required.

We would like to remind members, **WARHA will continue to run for its members so long as COVID-**19 restriction permit, the following;

- Reining Australia (RA) Classes using the Reining Australia eligibilities
- NRHA classes using the NRHA / OC Eligibilities
- WARHA 2021 shows will cater for all levels including the 2<sup>nd</sup> State Show sanctioned with NRHA & RA
- Reining Australia, Green rider classes
- NRHA Green Reiner classes
- Beginner classes
- Only WARHA membership is required to ride in our ribbon classes

Day memberships are available & individuals will be able to compete in any class or under any banner so long as they are members of either Reining Australia or NRHA.

As far as Western Australia as a whole is concerned, Reining members will have 3 major shows to attend if they wish (see below);

- The Reining Australia affiliate Championships, using RA eligibility
- The NRHA Australia Continental Championships, using NRHA eligibility
- The Southern Cross Reining Horse Association Championships

WARHA committee aims to keep our members up to date with any matters arising & important information.

If you have any questions regarding the Oceania Council please feel free to contact Glenn Winsor at warhacommittee@outlook.com

Kind Regards

Glenn Winsor

WARHA President

# \*\*Mechanics of the Slow Down Cue with NRHA and RA Professional Reining trainer Chelsea Ragg\*\*

Chelsea of Crystal Pines Performance Horses has been showing reining horses for over 10 years and has had multiple championships and placings to her name. She has also travelled to USA to spend time with some of the best trainers known in the reining horse industry and is always keen to share the knowledge she has acquired.

I chose this subject as I have always had success with my horses slowing down well for me and keeping control of their speed, I have very specific cues I use when I'm educating young horses or even when re-educating older horses, I'm always thinking I need to keep it easy and simple for horses to learn and clients to also learn.

My cue for asking my horse to slow down is by relaxing my inside leg or "taking the inside leg off." Sometimes when I'm teaching students this cue and say "take your inside leg off" they push it off forcefully, this is a lot of effort for the rider and will change their body position. What I want to see is your heal relax toward the horses shoulder slightly. Your outside leg is like the clutch in the car, it needs to stay on to keep the motor running otherwise your horse may stall to a stop. Your outside leg can also be used to help stop their shoulders falling in by pushing the hip up underneath the horse when guiding in a smaller circle. On a trained or "finished horse" I want to be able to cue my horse to slow down with my inside leg, then be able to put my inside leg back to neutral ready to cue my horse for the next manoeuvre required.

The slow down cue in reining is used in a small slow circle but it can also be used on horses that want to take off or burst to their stops at the top end of the arena.

Your homework needs to be done at home before you take this to the show pen, the show pen is basically a test of your progression of homework you have been doing or what you need to go home and work on for the next show.

So let's say I'm loping a horse at a happy medium speed and I want to slow my horse down - I'm going to breath out and relax my inside leg, if the horse doesn't slow down I'm going to keep my cue the same and reinforce what I just asked for, to do this I may need to bring the horse all the way back to a walk with contact through the bridle. When my horse walks, my leg goes back to neutral. I then may walk half a circle before I lope off again. This becomes a reward for the horse to come back, have a rest and keep it sweet. The corrections need to be done sooner rather than later, I do not want to let my horse lope for half a circle before I take a hold and let him know he should have slowed down half a circle ago. I should be able to feel if my horse slowed down well enough with in 3 or 4 strides. I may need to repeat this 5, 10 or 20 times before my horse really starts to get an understanding of my leg cues. I may also want to start humming with my voice as an added back-up cue. Avoid saying whoa to slow down, save that for your stopping cue. (If you're not up to loping you can always do this exercise at a walk or trot.) Reward often to keep the desire in your horse to keep trying and learning.

After a number of times reinforcing what I wanted I'll try again, I'm hoping by now my horse will want to come back to a walk with just taking my inside leg off, if that's the case great, I can now go back and put a little more outside leg on to say keep loping. Then if my horse does a full nice slow circle or two, I can then come back to a walk and reward the horse by leaving him alone for a circle or two before trying again. Coming back to a walk after being correct is reinforcing what you were after and a reward for the horse to keep aiming for. My circle program basically has the same sequence when we start progressing as the horse gets more confident in what I'm asking, we can build on it by going faster and adding more finesse and degree of difficulty but always correct first.

#### Quick tips for success:

Breath out when slowing down

If your horse is on the fresher side try to make sure he's a little tired and thinking, you don't want to make a war out of this and make it a bad place, find rhythm and a steady mind set first.

Don't guide your horse into small circles when you slow down each time, otherwise your horse may start to drop the shoulders in. One in every 10 circles could be enough for your horse.

Have someone video you to send to a trainer. They can help you to problem solve and progress.



Deep seat and relaxed leg slightly in front of my pelvis for the slow down cue



Too much weight pushed on the stirrup coursing a stiff seat



Leg pushed out to far off the horse causing a crooked seat



Leg in neutral position with my heal under my pelvis and leg close to my horse

Blast from the past

Photos bring back some great memories from the past. See if you can guess who some of these young riders are? Great photos sent in, shows just how fast time goes by!

#### Renae Mahar-

Photo 1, Renae riding at Dryandra Pony Club camp on one of Bryony's family ponies, Pippa.

Photo 2, at Narrogin Pony Club Prince Philip Games Approximately 1985 riding Beau her crazy TB with Bryony, (her brother, sister, and another friend).





#### Astrid McCagh

Photo 1- Riding "Blue Ribbon Sample" at a cutting Clinic as a 9yr old with Jeff Johnson.



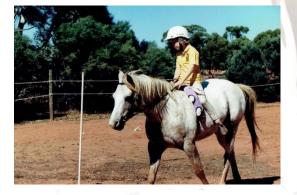


Photo 2 - Astrid's second pony "Blue Ribbon Sample" at Morawa Pony club back in 1999 (8yrs old). "I only rode bareback as my mother wouldn't allow me to ride in a saddle and had to graduate up from a halter"!

# Blast from the past

## Continued...

Photo 3- Competing in a D grade class on "Secret Squirrel" back in 2008 at NVSJC Show jumping festival in Shepparton VIC. Secret Squirrel was purchased for 2 cartons of cougar in WA as an ex race horse and went on to do some great things in the show jumping ring here in WA and on the East Coast.



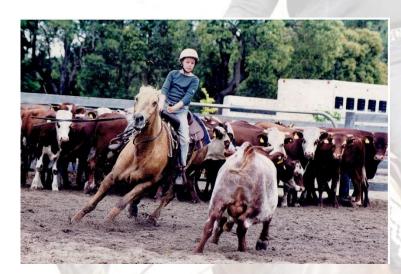


Photo 4- at 10yrs old riding "Smart Little Shack" at the golden spurs cutting show at Morning Sun Ranch in 2001 with them going on to win this event.

# News around the Reining World -



The 2020 National Reining Breeders Classic is underway held in Tulsa, Oklahoma 26<sup>th</sup> August through till 6<sup>th</sup> September.

Schedule, Draws, live results and webcast can be viewed online at <a href="https://www.nrbc.com">www.nrbc.com</a> then clicking on the \*live results and webcast\* tab.

For a WARHA membership, please go to our website <a href="www.warha.com.au">www.warha.com.au</a>, click on 'Forms' and scroll down to '2020 Membership Application'. This is a printable version which you can email or hand to one of the committee members.

Alternatively, you can request our membership to be emailed to you.

The fee for 2020 full membership is \$70.00. Now discounted to \$35.00

until end of the season (December 2020)

Day Memberships also available \$10.00.



## -2020 PROPOSED CALENDAR OF EVENTS-

## \*\*SUBJECT TO CHANGE DUE TO GOVERNMENT RECOMMENDATIONS \*\*

26 <sup>th</sup> & 27 <sup>th</sup> September	Training clinic and Jackpot Show	Karinya Equestrian Park
10 <sup>th</sup> October	Club Day TBA	Karinya Equestrian Park
17 <sup>th</sup> October	1 Day Show Juliana Sheridan TBA	Karinya Equestrian Park
14 <sup>th</sup> November	Club Day TBA	Karinya Equestrian Park
21 <sup>st</sup> & 22 <sup>nd</sup> November	Collie 2 Day Show TBA	Coombes St, Collie



## W.A.R.H.A. 2020 COMMITTEE -

President - Glenn Winsor

Vice President – Kevin Harrison

Secretary - Natasha Jurmann

Treasurer – Julia Humphries

General Committee - Christine Lane, Liz Galliott, Kate Admiraal,

Justin Sprigg & Gary Woolaway

Oceanic Council Representative – Glenn Winsor, Reining Australia Representative – Gary Woolaway



Email – warhacommittee@outlook.com

WARHA Website- www.warha.com.au

Face book – www.facebook.com/groups/reiningwa/

Happy Father's Day to all the Dads of Western Australian Reining Horse Association.

Wishing you a relaxing day!



\*\*This month's Watermark featuring –

Kerry Winsor & Hootchy